



RISING STARS

WAG Junior and Prejunior
International Competition

PLOIESTI (ROU)

10-12 July 2026



WORK PLAN

GENERAL PROGRAM

Friday 10.07.2026	
08.30-10.25	Training subdivision 1 – ROU Juniors & Pre-Juniors
10.25-12.00	Training subdivision 2 – AZE / CRO / GRE Agogi / GRE Olympiada / MLT
12.00-13.15	Training subdivision 3 – ROU Seniors
14.30-16.25	Training subdivision 1 – ROU Juniors & Pre-Juniors
16.25-18.00	Training subdivision 2 – AZE / CRO / GRE Agogi / GRE Olympiada / MLT
18.00-19.15	Training subdivision 3 – ROU Seniors
19.20	<i>Technical meeting online</i>

Saturday, 11.07.2026 (see detailed schedule)	
08.45-10.00	General & apparatus warm-up subdivision 1 - PRE-JUNIORS
09.15	<i>Judges briefing</i>
10.05-10.20	<i>Opening Ceremony</i>
10.25-11.45	Team competition subdivision 1 – PRE-JUNIORS
13.30-15.00	General & apparatus warm-up subdivision 2 - JUNIORS
15:05-16.45	Team competition subdivision 2 - JUNIORS
16.55-17.05	Awarding Ceremony teams and individual Rising Stars PRE-JUNIORS & JUNIORS
17:10-18:25	General & apparatus warm-up subdivision 3 – ROU SENIORS Test
18.30-19.50	Individual competition ROU SENIORS Test

Sunday, 12.07.2026 (see detailed schedule)	
09.00-10.40	General & apparatus warm-up – PRE-JUNIORS & JUNIORS
09:30	<i>Judges briefing</i>
10.45-13.05	Apparatus Finals - PRE-JUNIORS & JUNIORS
13.15	Awarding Ceremony Rising Stars Apparatus Finals




PARTICIPANTS

No.	Name	NF	Club	Category
1.	Zamanli Lala	AZE		Junior
2.	Mammadzada Leyla	AZE		Junior
3.	Majidzada Aynaz	AZE		Junior
4.	Zuljevic Dora	CRO		Junior
5.	Zikovic Nora	CRO		Junior
6.	Kalinski Lotta	CRO		Junior
7.	Ostarcevic Eva	CRO		Junior
8.	Duric Nera	CRO		Junior
9.	Koutoulogeni Eleni	GRE	M.P.A.S. Athlitiki Agogi	Junior
10.	Prokopiou Faidra	GRE	M.P.A.S. Athlitiki Agogi	Junior
11.	Kanidou Valeria	GRE	G.C. Olympiada Stavroupolis	Junior
12.	Onoufriadou Stefania	GRE	G.C. Olympiada Stavroupolis	Junior
13.	Kostopoulou Ioanna	GRE	G.C. Olympiada Stavroupolis	Junior
14.	Tsalou Fani	GRE	G.C. Olympiada Stavroupolis	Pre-junior
15.	Arutiunian Andrianna	GRE	G.C. Olympiada Stavroupolis	Pre-junior
16.	Xrisoglou Lidia	GRE	G.C. Olympiada Stavroupolis	Pre-junior
17.	Theodoridou Antigoni (HC)	GRE	G.C. Olympiada Stavroupolis	Pre-junior
18.	Dibben Ema	MLT		Pre-junior
19.	Greenland Kelsey	MLT		Pre-junior
20.	Barbara Krista	MLT		Pre-junior
21.	Bădic Adelina Ioana	ROU		Junior
22.	Bârlă Bianca Estera	ROU		Junior
23.	Boboc Ștefania Petra Ioana	ROU		Junior
24.	Calciu Maria	ROU		Junior
25.	Cerguța Maria Elena	ROU		Junior
26.	Ilinescu Diana Mihaela	ROU		Junior
27.	Jitea Delia She	ROU		Junior
28.	Nica Alexandra Andreea	ROU		Junior
29.	Tudor Aniela Maria	ROU		Junior
30.	Tamași Ariana Georgiana	ROU		Junior

No.	Name	NF	Club	Category
31.	Constantin Antonia	ROU	CS Petrolul Ploiesti	Pre-junior
32.	Ionita Alexandra	ROU	CS Petrolul Ploiesti	Pre-junior
33.	Mihai Daria	ROU	CS Petrolul Ploiesti	Pre-junior
34.	Căldăraru Ecaterina Marina	ROU		Pre-junior
35.	Ciocade Cătălina Sophia	ROU		Pre-junior
36.	Dincă Dalia Mădălina	ROU		Pre-junior
37.	Dobrică Karina	ROU		Pre-junior
38.	Giușcă Miriam	ROU		Pre-junior
39.	Grunevici Daria Ioana	ROU		Pre-junior
40.	Purcea Sara	ROU		Pre-junior
41.	Stancu Anastasia	ROU		Pre-junior
42.	Blănaru Alexia Elena	ROU		Senior
43.	Botez Miruna Valentina	ROU		Senior
44.	Ceplinski Maria Sorina	ROU		Senior
45.	Cotu Ariana Florina	ROU		Senior
46.	Cristea Sara Ioana	ROU		Senior
47.	Golgotă Denisa Maria	ROU		Senior
48.	Ionescu Adelina Cristina	ROU		Senior
49.	Iordache Iris Diana	ROU		Senior
50.	Maneca Voinea Sabrina	ROU		Senior
51.	Mihăescu Anamaria	ROU		Senior
52.	Tanasă Daria Ștefania	ROU		Senior
53.	Vișovan Bianca Gabriela	ROU		Senior

Training Schedule FRIDAY 10.07.2026 - 08:30-13:15 – Morning

According to the number of gymnasts/group, subdivisions 1, 2 and 3 will benefit from **15 min.** up to **25 min.** training on each apparatus.

Olimpia Hall						
Start	Duration	Final				
8:30		10:25	Subdivision 1 - ROU Pre-juniors, Juniors & CS Petrolul			
8:30	0:15	8:45	General Warm-up			
8:45	0:25	9:10	ROU 1 Jun	ROU 2 Jun	ROU 1 Pre CS Petrolul	ROU 2 Pre
9:10	0:25	9:35	ROU 2 Pre	ROU 1 Jun	ROU 2 Jun	ROU 1 Pre CS Petrolul
9:35	0:25	10:00	ROU 1 Pre CS Petrolul	ROU 2 Pre	ROU 1 Jun	ROU 2 Jun
10:00	0:25	10:25	ROU 2 Jun	ROU 1 Pre CS Petrolul	ROU 2 Pre	ROU 1 Jun
10:25		12:00	Subdivision 2 - AZE, CRO, GRE, MLT			
10:25	0:15	10:40	General Warm-up			
10:40	0:20	11:00	GRE Agogi 2 GRE Olympiada 3	MLT 3 AZE 3	GRE Olympiada 4	CRO 5
11:00	0:20	11:20	CRO 5	GRE Agogi 2 GRE Olympiada 3	MLT 3 AZE 3	GRE Olympiada 4
11:20	0:20	11:40	GRE Olympiada 4	CRO 5	GRE Agogi 2 GRE Olympiada 3	MLT 3 AZE 3
11:40	0:20	12:00	MLT 3 AZE 3	GRE Olympiada 4	CRO 5	GRE Agogi 2 GRE Olympiada 3
12:00		13:15	Subdivision 3 -  (Ctrl) ▾			
12:00	0:15	12:15	General Warm-up			
12:15	0:15	12:30	ROU Sen	ROU Sen	ROU Sen	ROU Sen
12:30	0:15	12:45	ROU Sen	ROU Sen	ROU Sen	ROU Sen
12:45	0:15	13:00	ROU Sen	ROU Sen	ROU Sen	ROU Sen
13:00	0:15	13:15	ROU Sen	ROU Sen	ROU Sen	ROU Sen

Training Schedule FRIDAY 10.07.2026 – 14:30-19:15 - Afternoon

Olimpia Hall						
Start	Duration	Final				
14:30		16:25	Subdivision 1 - ROU Pre-juniors, Juniors & CS Petrolul			
14:30	0:15	14:45	General Warm-up			
14:45	0:25	15:10	ROU 2 Pre	ROU 1 Jun	ROU 2 Jun	ROU 1 Pre CS Petrolul
15:10	0:25	15:35	ROU 1 Pre CS Petrolul	ROU 2 Pre	ROU 1 Jun	ROU 2 Jun
15:35	0:25	16:00	ROU 2 Jun	ROU 1 Pre CS Petrolul	ROU 2 Pre	ROU 1 Jun
16:00	0:25	16:25	ROU 1 Jun	ROU 2 Jun	ROU 1 Pre CS Petrolul	ROU 2 Pre
16:25		18:00	Subdivision 2 - AZE, CRO, GRE, MLT			
16:25	0:15	16:40	General Warm-up			
16:40	0:20	17:00	CRO 5	GRE Agogi 2 GRE Olimpiada 3	MLT 3 AZE 3	GRE Olimpiada 4
17:00	0:20	17:20	GRE Olimpiada 4	CRO 5	GRE Agogi 2 GRE Olimpiada 3	MLT 3 AZE 3
17:20	0:20	17:40	MLT 3 AZE 3	GRE Olimpiada 4	CRO 5	GRE Agogi 2 GRE Olimpiada 3
17:40	0:20	18:00	GRE Agogi 2 GRE Olimpiada 3	MLT 3 AZE 3	GRE Olimpiada 4	CRO 5
18:00		19:15	Subdivision 3 - ROU Seniors			
18:00	0:15	18:15	General Warm-up			
18:15	0:15	18:30	ROU Sen	ROU Sen	ROU Sen	ROU Sen
18:30	0:15	18:45	ROU Sen	ROU Sen	ROU Sen	ROU Sen
18:45	0:15	19:00	ROU Sen	ROU Sen	ROU Sen	ROU Sen
19:00	0:15	19:15	ROU Sen	ROU Sen	ROU Sen	ROU Sen

SATURDAY, 11.07.2026
TEAM COMPETITION and
ROU SENIOR TEST

STARTING ORDER

✓ All the draws were carried out at RGF headquarters.

PRE-JUNIORS, 08:45-11:45

Groups composition

- Group 1 (4 gymnasts) = GRE G.C. Olympiada (3 + 1 ind HC)
- Group 2 (6 gymnasts) = MLT (3 gym) + CS Petrolul (ROU) (3 gym)
- Group 3 (4 gymnasts) = ROU 1 (3 + 1 ind)
- Group 4 (4 gymnasts) = ROU 2 (3 + 1 ind)

Competition

Olimpia Hall														
Start	Duration	Final						Start	Duration	Final				
Subdivision 1 - PREJUNIORS														
8:45	0:15	9:00	General Warm-up							Competition				
9:00	0:15	9:15	Group 2	Group 3	Group 1	Group 4		10:25	0:20	10:45	Group 3	Group 1	Group 4	Group 2
9:15	0:15	9:30	Group 4	Group 2	Group 3	Group 1		10:45	0:20	11:05	Group 2	Group 3	Group 1	Group 4
9:30	0:15	9:45	Group 1	Group 4	Group 2	Group 3		11:05	0:20	11:25	Group 4	Group 2	Group 3	Group 1
9:45	0:15	10:00	Group 3	Group 1	Group 4	Group 2		11:25	0:20	11:45	Group 1	Group 4	Group 2	Group 3
Opening Ceremony 10:05 -10:20														

JUNIORS, 13:30-16.45

Groups composition

- Group 1 (5 gymnasts) = CRO (5 gym)
- Group 2 (5 gymnasts) = GRE G.C. Olympiada (3 gym) + GRE M.P.A.S. Athlitiki (2 gym)
- Group 3 (5 gymnasts) = ROU
- Group 4 (5 gymnasts) = ROU individuals
- Group 5 (3 gymnasts) = AZE

Competition

Start	Duration	Final						Pause	Start	Duration	Final					Pause	
Subdivision 2 - JUNIORS																	
13:30	0:15	13:45	General Warm-up								Competition						
13:45	0:15	14:00	Group 4	Group 2	Group 3	Group 1	Group 5		15:05	0:20	15:25	Group 2	Group 3	Group 1	Group 5	Group 4	
14:00	0:15	14:15	Group 5	Group 4	Group 2	Group 3	Group 1		15:25	0:20	15:45	Group 4	Group 2	Group 3	Group 1	Group 5	
14:15	0:15	14:30	Group 1	Group 5	Group 4	Group 2	Group 3		15:45	0:20	16:05	Group 5	Group 4	Group 2	Group 3	Group 1	
14:30	0:15	14:45	Group 3	Group 1	Group 5	Group 4	Group 2		16:05	0:20	16:25	Group 1	Group 5	Group 4	Group 2	Group 3	
14:45	0:15	15:00	Group 2	Group 3	Group 1	Group 5	Group 4		16:25	0:20	16:45	Group 3	Group 1	Group 5	Group 4	Group 2	
Awarding Ceremony Pre-Juniors & Juniors 16:55-17:05																	

ROU Seniors Test, 17:10-19:50

Start	Duration	Final	⌚	⌚	⌚	■		Start	Duration	Final	⌚	⌚	⌚	■	
Subdivision 3 - ROU SENIORS Test Selection															
17:10	0:15	17:25	General Warm-up								Competition				
17:25	0:15	17:40		Group 1	Group 2			18:30	0:20	18:50	Group 1	Group 2			
17:40	0:15	17:55			Group 1	Group 2		18:50	0:20	19:10		Group 1	Group 2		
17:55	0:15	18:10	Group 2			Group 1		19:10	0:20	19:30			Group 1	Group 2	
18:10	0:15	18:25	Group 1	Group 2				19:30	0:20	19:50	Group 2			Group 1	

SUNDAY, 12.07.2026

APPARATUS FINALS - 09:00-13:05

The Apparatus Finals for Pre-Juniors and Juniors will take place together – see below.

Each Final will consist in **8** competitors.

Maximum **2** gymnasts from each NF / Club will qualify in each final.

Olimpia Hall															
Start	Duration	Final	⌚	⌚	⌚	■		Start	Duration	Final	⌚	⌚	⌚	■	
Apparatus Finals															
9:00	0:20	9:20	General Warm-up								Competition				
9:20	0:20	9:40		JUN	PRE			10:45	0:35	11:20	JUN	PRE			
9:40	0:20	10:00			JUN	PRE		11:20	0:35	11:55		JUN	PRE		
10:00	0:20	10:20	PRE			JUN		11:55	0:35	12:30			JUN	PRE	
10:20	0:20	10:40	JUN	PRE				12:30	0:35	13:05	PRE			JUN	
Awarding Ceremony 13:15															

LIST OF JUDGES

Nr.	Nume	Oraș	Nr.	Nume	Oraș
FRG	Anca GRIGORAS	Juriu Superior	13.	Ana-Maria IORDACHE	ROU
FRG	Angela CACOVEANU	Juriu Superior	14.	Silvia STROESCU	ROU
1.	Fabienne RINGLER	FRA	15.	Corina UNGUREANU	ROU
2.	Linda BALUGANI	ITA	16.	Nicoleta ZAHARIE	ROU
3.	Tünde ZSILINSZKI	HUN	17.	Anca DRAGHICI	ROU
4.	Katalin KELETI	HUN	18.	Doina OLARU	ROU
5.	Anzhella ABDULLAEVA	AZE	19.	Doinita VULCAN	ROU
6.	Zrinka TOSOVIC	CRO	20.	Mirela PAUN	ROU
7.	Olga MARISIOU	GRE Agogi	21.	Simona PAUCA	ROU
8.	Maria SOLOMONIDOU	GRE Agogi	22.	Livia COSTACHE	ROU
9.	Vasiliki KYRLIDOU	GRE Olympiada	23.	Alis SAVU	ROU
10.	Martha FELICE	MLT	24.	Gabriela TAVARU	ROU
11.	Vasilica AGOP	ROU	25.	Aurica NISTOR	ROU
12.	Carina FRANIOV	ROU			
