

“RISING STARS”

WAG Junior and Prejunior International Competition PLOIESTI (ROU), 10-12.07.2026

DIRECTIVES

The Romanian Gymnastics Federation has the pleasure to invite you to participate in our 3rd edition of the “Rising Stars” Junior International Competition in WAG.

DISCIPLINE	Women’s Artistic
HOST FEDERATION	ROMANIAN GYMNASTICS FEDERATION Str. Vasile Conta nr. 16 Bucharest, sector 2 Tel. +40.21.317.1111 Fax.: +40.21.317.1112 E-mail: frgimnastica@frgimnastica.com Website: www.frgimnastica.com Contact: Bogdan Ionita: bogdan.ionita@frgimnastica.com
LOCATION	Ploiesti (40 km from Bucharest airport)
DATE	10-12.07.2026
VENUE	Sport Hall Olimpia, Strada Alecu Russo 10, Ploiești 107592 Tel. +40 726 311 572 E-mail: office@csmploiesti.ro Website: https://www.csmploiesti.ro/sala-olimpia/
APPARATUS SUPPLIER	Spieth
FEDERATIONS INVITED	FIG Member Federations in good standing, with national or club representatives
AGE LIMITS	Gymnasts: <ul style="list-style-type: none"> • Juniors born 2011-2012 • Pre-juniors born 2013-2014
JUDGES AND JURIES	Judges with international or national brevet Each delegation should send a judge for the best running of the competition
REGISTRATION DEADLINES	<ul style="list-style-type: none"> • Provisional: 08.03.2026 • Definitive: 08.05.2026 • Nominative: 08.06.2026
ENTRY FEES	20 EUR / gymnast
EVENT FORMAT FIG Junior Regulations	The competition will have the following format: Juniors: 5-4-3 - National Federations representatives Pre-juniors: 3-3-2 - Club or NF representatives <ul style="list-style-type: none"> • Qualification – Team and all-around ranking • Apparatus Finals

COMPOSITION OF DELEGATION	The delegations will have the following maximum composition:																											
	<table border="1"> <thead> <tr> <th>Function</th> <th>Juniors</th> <th>Pre-juniors</th> <th>Combined</th> </tr> </thead> <tbody> <tr> <td>Gymnasts</td> <td>5</td> <td>3</td> <td>8</td> </tr> <tr> <td>Coaches</td> <td>2</td> <td>1</td> <td>3</td> </tr> <tr> <td>Medical</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>Judges</td> <td>1</td> <td>1</td> <td>2</td> </tr> <tr> <td>Head of delegation</td> <td>1</td> <td>1</td> <td>1</td> </tr> <tr> <td>TOTAL</td> <td>10</td> <td>7</td> <td>15</td> </tr> </tbody> </table>	Function	Juniors	Pre-juniors	Combined	Gymnasts	5	3	8	Coaches	2	1	3	Medical	1	1	1	Judges	1	1	2	Head of delegation	1	1	1	TOTAL	10	7
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PROVISIONAL SCHEDULE	<p><u>Thursday 09.07.2026</u></p> <ul style="list-style-type: none"> • Arrival of delegations in the afternoon <p><u>Friday, 10.07.2026</u></p> <ul style="list-style-type: none"> • Training all day • Orientation Meeting <p><u>Saturday, 11.07.2026</u></p> <ul style="list-style-type: none"> • Competition – Teams and Individual (qualification for the Apparatus Finals) <p><u>Sunday, 12.07.2027</u></p> <ul style="list-style-type: none"> • Apparatus Finals in the morning (possible departure in the afternoon) <p><u>Monday, 13.07.2026</u></p> <ul style="list-style-type: none"> • Departure of delegations 																											
INTERNATIONAL TRANSPORTATION	<p>The participating national federations must pay for the travel costs of their delegation members.</p> <p>The city of arrival/departure is Bucharest “Henri Coanda” international airport.</p>																											
ACCOMMODATION	<p>Hotel and Meals</p> <p>The costs per person are as follows:</p> <ul style="list-style-type: none"> • 60 EUR / person / day - accommodation + full board • 30 EUR/ person – airport transfer. 																											

Ovidiu COMSA,
Secretary general of the Romanian Gymnastics Federation

